

# Running Board Instructions

## 3049 (1" Drop)

Ford F-150 Super Cab 04-C / Crew 04-08

( 09 Crew Cab will require drilling to install center bracket )

### INSTALLATION PACKAGE

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### Necessary Tools

Ratchet wrench with 1/2" socket  
Combination wrench

### Bracket Bolt Pack

5/16" x 1 1/4" Hex Bolt	8
5/16" x 3/4" Hex Bolt	8
5/16" Flat washer	16
5/16" Flange Nut	8
5/16" Long U-Nut	8
3/4" Self Tap	2

### Running Board Bolt Pack

5/16" x 3/4" Hex Bolt	16
5/16" x 3/4" Flange Nut	16

### STEP ONE: Determine proper bracket placement ( Fig A )

- 1) Find the pre-existing holes equally spaced on the pinch weld. The F-150: Insert 5/16" U-Nut into hole, so bracket bolt can be threaded. ( Fig A )
- 2) Factory hole may be covered with tape you will need peel off tape to see hole. Hole may be slightly different than in picture. Hole and U-Nut will need to line up with bracket slot and pinch weld hole.
- 3) Use 5/16" \* 1 1/4" bolt with washer through pinch weld making sure top center slot lines up with U-Nut holes, hand tighten with flange nut as required on each side of plate. ( Fig B ) & ( Fig C )
- 4) Insert 5/16 \* 3/4 bolt with washer into U-Nut ( 6 ) Places only, hand tighten until board is attached.
- 5) Extra Brackets will mount similar to above brackets. Model years may be different and mounting method may require fasteners or adjustments to bracket to complete installation of additional brackets.

### STEP Two: Verify Vehicle Mounting

1. Place board on brackets by sliding 5/16 \* 3/4 mounting bolts in slots on underside of boards and allow bolt thread to drop through bracket slots with bracket mounted in position. Only one bolt is required to mount board to each bracket. Install board on brackets to see if board is level.
2. Check board for levelness and snug fit to vehicle. Adjust in and out to desired position and fully tighten outside brackets first then adjust inside bracket accordingly. Fully tighten all bracket to board bolts

